

## Unit 73: HOW OFTEN?

This unit shows you how to say **how often** with frequency adverbs (Unit 64 tells you about adverbs generally) and with noun phrases (Unit 45).

### 1 With frequency adverbs



I **always** work late. I **never** go home early.  
I **don't ever** go home early.



I **usually** work late but I **sometimes** go home early.



I **often** work late.



I **sometimes** work late but I usually go home early.



I **never** work late. I **always** go home early.  
I **don't ever** work late.

### 2 With noun phrases

I am learning English. The lesson is always on Monday.

I go to English lessons **once a week**.  
**every Monday**.

I am learning French. The lessons are always on Tuesday and Thursday.

I go to French lessons **twice a week**.  
**every Tuesday and Thursday**.

I am learning Arabic. The lessons are on Saturday, Monday and Wednesday.

I go to Arabic lessons **three times a week**.

#### NOTICE:

These noun phrases go at the end of the sentence. (**NOT** *I go once a week to English lessons*).